

An Introduction to the Art and Heart of Group Drumming Facilitation

Date: Saturday May 30 & Sunday May 31, 2009 **Time:** 10am – 5pm both days

Location:

United Steel Workers Hall
25 Cecil Street, Toronto - 1 street South of College / East of Spadina
Facility is wheelchair accessible, free parking at back of building

Cost: \$315 + gst, \$330 (Deposit of \$90 required by May 10th to reserve your spot, balance due on or before May 20th)

Early Bird Registration \$285 + gst, \$299.25 *** Register before March 30th ***

To register, please fill out the following Registration Form and mail it to us. For inquiries, please contact:

Terri Segal
Expressive Arts Therapist, Facilitator, & Educator
Owner/Director, Rhythmic by Nature
(T) 416 662 6488 (E) terri@rhythmicbynature.com



Registration Form

Name: _____

Address: _____

Telephone: _____ Email: _____

I have enclosed my payment of: (please check the corresponding checkbox below)

- Deposit:** \$90 required by May 10th (Balance of \$250 due on or before May 20th)
- Full Payment:** \$315 + GST = \$330
- Early Bird Special before March 30th:** \$285 + GST = \$299.25

Please answer the following questions in order to facilitate our arrangement for the course:

- Will you bring your own Djembe? YES / NO
- Is there a specific population (e.g. elementary school students, "at-risk" youth, elderly, mental health & etc.) that you currently work or facilitate music with or are interested in doing so after this training? Please describe:

Please make cheque payable to "Rhythmic by Nature"
Mail to 21 Kenwood Avenue, Toronto, Ontario, M6C-2R8

An Introduction to the Art and Heart of Group Drumming Facilitation



Learn how to facilitate a Group Drumming experience that **celebrates diversity, fosters self-expression, and builds community!**

Rhythmic by Nature's 2-Day Group Drumming Facilitator Training Program offers an **empowering, leadership-building, educational program** and is designed for:

- Educators
- Therapists
- Healthcare Practitioners
- Childcare Providers
- Group Facilitators & Trainers
- Anyone looking for a unique, memorable, and fun way to connect with others



Through invaluable **hands-on experience**, small and large group discussion and a Rhythmic by Nature Group Drumming Activity Manual, you will:

- Experience the therapeutic benefits of drumming for your own self-care and wellness
- Gain new ideas and practical tools to create a successful Group Drumming Program for the people that you work with.
- Learn how to facilitate rhythm-based activities through drumming, music, movement and voice.
- Practice what you have learned as well as share the joy of drumming with your friends and family in a 2-hr Community Drum Circle.
- Walk away with a new-found confidence in facilitating drumming through the Expressive Arts for a deeper, more meaningful and lasting experience!

No previous drumming or musical experience is necessary, just a willingness to share and receive the joy of drumming.